



Choice and Consequence Class FAQ

What is it?

This class focuses on decision making for teens. Activities in class are aimed at teaching teens how to reframe problems to help lead them to better solutions and more positive outcomes. Youth also learn how to break down their potential solutions, so they are more easily able to pick the best one. Identifying how our choices affect others is also part of the class as well as strengthening assets and goal setting.

Where is the class held?

The class is held at Lakes Center for Youth and Families: 20 Lake St. N, Suite 103, Forest Lake

How long is the class?

The Choice and Consequence class is a one night class that is held once per month from 6:00-8:00pm.

How much does the class cost?

The Choice & Consequence Class costs \$75. Fees can be paid with a cash, card, or check.

How do I get signed up?

Contact the Lakes Center for Youth and Families at 651-464-3685 to schedule the class.

Does a parent/guardian need to attend?

Yes, a parent/guardian does need to attend the Choice and Consequence class.

Looking for more information?

Give the Intervention Manager a call at 651-464-3685